

POSTERIOR



The One Composite Course

EDUCATOR



Mindaugas Kudelis - General Dentist - Lithuania

Internationally recognised dentist and lecturer who specialises in composite fillings, guided implant surgery and indirect restorations. Lecturing and running hands on courses focused heavily on skill and practice. Currently running posterior part of THE ONE COMPOSITE COURSE.

Lithuanian University of Health Sciences, masters degree in dentistry, general dentist qualification - 2013.

University of Helsinki, Erasmus programme. January - April 2012.

Work experience - working in a small family run practice in Vilnius.

Educator in RIPE Global cloud based dental education platform.

Contact details

THE MODULES

MODULE 1

Anatomy of a great filling
Understanding occlusal morphology

Class I fillings are the basic backbone of restorative dentistry. So simple, yet so complex. Whether you are dealing with big MOD cavity and convert to class II, evaluating labwork for indirects or closing screw access hole of an implant - class I is there to deal with.

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MODULE 2

CLASS II

Class II restorations on the other hand are often encountered, and difficult to manage. Module II is designed heavily on hands on part. Building up a skill to choose, position and adapt the matrix, and build up a proximal wall that will act as a good foundation for further restorative steps.

FEE STRUCTURE:

INR 63,500 + 18% GST: INR 75000 (SEVENTY FIVE THOUSAND)

DAY 1

MODULE 1



THEORY

- Occlusal morphology - simplifying it enough for everyday fillings.
- Composite layering and manipulation techniques.
- Basic/primary and complex/secondary morphology in direct restorations
- Finishing and polishing

HANDS ON

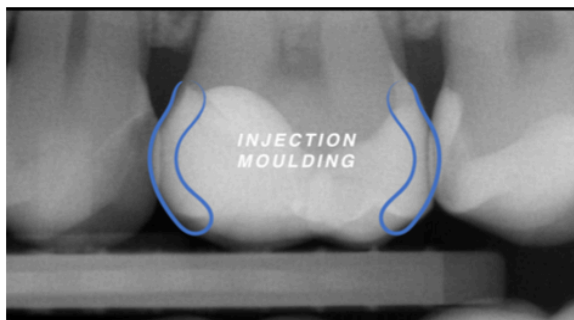
Practice on the standardised models, recreating both primary and secondary anatomy of posterior occlusal surfaces. Full day module consists of 8 exercises.

TIMELINE

9:00 - 11:00 Lecture
11:00 - 13:00 Practice
14:00 - 18:00 Practice

DAY 2

MODULE 2



THEORY

- Prep design
- Matrix/ring/wedge selection and customisation
- Proximal wall build up techniques
- Finishing and polishing/contouring

HANDS ON

Cavity prep and refinement, choice of matrix and wedge, proximal build up techniques. Course is adaptable to the models available in the training centre. Participants of a full day course are expected to carry out 6-8 exercises.

TIMELINE

9:00 - 11:00 Lecture
11:00 - 13:00 Practice
14:00 - 18:00 Practice